



SPOTLIGHT

FREE

November 2022 Volume 11

To Receive

“JK SPOTLIGHT”
Newsletter

Send Correspondence to
jozwilliams@jkellyreferrals.com

501-374-5000

1-877-374-5620 Toll Free
300 Spring St. • Suite 150
Little Rock AR 72201
www.jkellyreferrals.com



Is your business listed?
CALL TODAY!
501-374-5000



GIVE
thanks

TO THE LORD, FOR HE IS GOOD.

1 CHRONICLES 16:34

Music.
Performances.
So Much More.

6th Annual Statewide Talent Show

CITY CENTER
315 N SHACKLEFORD RD.
LITTLE ROCK, AR 72211

NOVEMBER 12, 2022
DOORS OPEN @ 1:30PM
SHOW STARTS @ 3:30PM

Special Guest Performances
By



Valerisse
@Valerisse Val Bell



Tina Adams
@Tina Adams



Beneal Smith
@Beneal Smith Jr.

YOU CAN ALSO
LIVE STREAM
THE EVENT

***MUST PURCHASE A
TICKET FOR ACCESS***

ENTER DONATION
DRAWING TO

WIN

TWO LOWER BOWL
RAZORBACK BASKETBALL
TICKETS TO A NON
CONFERENCE GAME



DATE MUTUALLY
AGREED UPON WITH
WINNER

Must Be Present To Win



FOR TICKETS:
WWW.LUPUSARKTALENTSHOW.COM
\$20 IN ADVANCE AND \$25 AT THE DOOR

The Great Complex Disease #10PM
LUPUS Foundation
of Arkansas, Inc.

Telephone: 501-374-5000 • www.jkellyreferrals.com

J KELLY REFERRALS



Message from the President Mrs. Mary Parham

Greetings,

With the splendor of the holiday season rapidly approaching, our thoughts now turn toward spending time with family and friends along with sharing in the many traditions that make this time of the year so dear.

As the President of J Kelly Referrals and Information Services, Inc. I would like to take this time to pause and remind each of us about the importance of giving thanks and reflecting on our many blessings over the year. Let us not forget also about the special men and women in our armed forces and those special individuals and families facing difficult challenges this holiday season. I encourage each of us to make this a season of helping others by serving hot meals, delivering food baskets, purchasing a toy or gift for a family less fortunate, or by simply making a donation to a worthy charitable cause.

2 Corinthians 9:6 "But this I say, He who sows sparingly shall reap also sparingly; and he who sows bountifully shall reap also bountifully."

Have a Happy and Blessed Thanksgiving from all of us here at J Kelly Referrals and Information Services, Inc.

"Staying Connected."

SMALL BUSINESS CORNER



CARL SMITH
FLOORING & PAINTING

501-584-4415
MRCARLSMITHAR@YAHOO.COM

P.O. Box 172
WRIGHTSVILLE, AR 72183

NO JOB TOO BIG OR TOO SMALL.

SERVING ARKANSAS FOR OVER 30 YEARS.
LICENSED AND BONDED

**PAINTING • FLOORING (LAYING & REPAIR)
DEMOLITION • CARPET INSTALLATION
BUILD TO SUIT CUSTOMERS NEEDS**

THANK YOU FOR YOUR SERVICE!

To all our military branches



Happy Veterans Day!

In honor of all the men and women who served and continue to serve this country, "Happy Veterans Day!" Thank you for your service and your sacrifice. God bless you and God bless America.

AMERICA RECYCLES DAY



AMERICA RECYCLES DAY®
A KEEP AMERICA BEAUTIFUL® PROGRAM

Nov. 12th 9:00am - 12:00pm
at the Little Rock Zoo



**Paper Shredding, eWaste, Glass,
#1 & #2 Plastic Bottles & Jugs,
Plastic Bags, Cardboard,
Steel & Aluminum Cans
and Bicycle Donations
All Accepted!**

For more information, contact
recycle@littlerock.gov



To Donate & Support This Cause Visit:
keeplittlerockbeautiful.com/support-us



COPD AWARENESS MONTH

**LEARN MORE
BREATHE BETTER**



COPD AND VACCINES: WHAT YOU SHOULD KNOW.

Each year, millions of adults in the United States get sick from diseases that could be prevented by vaccines. People at risk for and with chronic obstructive pulmonary disease (COPD) are at higher risk for serious problems from certain vaccine-preventable diseases. Complications could include worsening of symptoms, hospitalizations, and even death. Talking with your healthcare provider about getting vaccinated is an important part of staying healthy and managing the disease.

Getting Vaccinated

Talk to your healthcare provider about which vaccines you need to help you stay healthy. For more information on vaccines, visit www.cdc.gov/vaccines/adults.

Adults can get vaccines at doctors' offices, pharmacies, workplaces, health clinics and other locations. To find a place near you, go to www.vaccines.gov.

Most health insurance plans cover recommended vaccines. Check with your insurance provider for details and for a list of vaccine providers covered by your plan.

For more information about COPD, visit nhlbi.nih.gov/BreatheBetter.



Learn More Breathe Better® is a registered trademark of NIH.

Why Are Vaccines Important?

- COPD causes airways to swell and become blocked with mucus, which can make it hard to breathe. Certain vaccine-preventable diseases can also increase swelling of airways and lungs. The combination of the two can lead to pneumonia and other serious respiratory illnesses, even if the condition is mild and symptoms are controlled.
- Vaccinations provide the best protection against preventable diseases such as the flu – or influenza – and pneumococcal disease.
- Vaccinations are one of the safest ways to protect your health, even if you are taking prescription medications. Side effects are usually mild and go away on their own and severe side effects are very rare.

What Vaccines Do You Need?

- The Centers for Disease Control and Prevention (CDC) recommends people with or at risk for COPD get a yearly flu (influenza) vaccine.
- People with chronic lung disease, including COPD, should also get vaccinated against pneumococcal disease with either one or two vaccines, depending on what your healthcare provider offers.
- Chronic lung diseases, such as COPD, can make you more likely to get severely ill from COVID-19. Talk to your healthcare provider about getting vaccinated.
- Your healthcare provider may recommend additional vaccines based on your lifestyle, travel habits, and other factors.

NOVEMBER 2022 Save the Dates • COPD Awareness Month

ROCK REGION METRO JOB FAIR

Friday, November 4, 2022 • 9:00am-12pm
901 Maple Street • North Little Rock, AR 72114
For more information, please call
501-375-6717 extension 1264

SESAME STREET LIVE

Friday November 4th at 4:00pm
Saturday November 5th • 11:00am-4:00pm
Simmons Bank Arena • Ticket Prices: \$17-\$57
To purchase tickets visit www.ticketmasters.com

5TH ANNUAL WALK TO END ALZHEIMER'S

Saturday, November 5, 2022 • 10:00am-12:00pm
Argenta Plaza • For more information:
Call Kirsten Dickins 501-265-0027 e: kedickins@alz.org

Set Clocks Back One Hour SUNDAY, NOVEMBER 6, 2022

AMERICA RECYCLE DAYS LITTLE ROCK ZOO

Saturday, November 12, 2022 • 9:00am-12:00pm
Corner of Zoo Drive & South Monroe
For more info, please visit www.recycle@littlerock.gov

Pattie LaBelle and Gladys Knight A FRIENDSGIVING

Sunday, November 13, 2022 • 7:30pm-9:30pm
Simmons Bank Arena
Ticket Prices: \$79 - \$129.75 • 8 Ticket Limit
To purchase tickets visit www.ticketmasters.com

HOLIDAY HOUSE

Wednesday, November 16 -
Saturday, November 19, 2022
Statehouse Convention Center
For more information: Contact: (501) 375-5557
For general information visit:
holidayhouse@jllr.org
For merchant/vendor information visit:
holidayhousemerchant@jllr.org

ARKANSAS BLOOD INSTITUTE DRIVE

Saturday, November 19, 2022
Argenta Plaza • North Little Rock, AR 72114
Receive free t-shirt and a chance to win \$250.00 golden ticket

HAPPY THANKSGIVING!!! THURSDAY, NOVEMBER 25, 2022

Telephone: 501-374-5000 • www.jkellyreferrals.com

J Kelly Referrals & Information Services



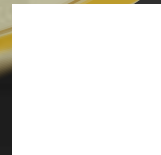
Business 2 Business **Radio Talk Show**
Praise 102.5 FM

Tune in Sundays
at 3:00 PM

J Kelly Referrals &
Information Services
501-374-5000

Host

Mrs. Mary Parham
President/CEO J Kelly Referrals



J Kelly Referrals publishes the J Kelly Newsletter monthly and promotes it as the Official Newsletter of J Kelly Referrals & Information Services, Inc. For more information or to advertise your business in J Kelly Newsletter, Diversity Market Guide, or our Online Directory, please call Jozetta Williams at 501.374.5000, or email Ms. Williams at jozwilliams@jkellyreferrals.com.

FREE MEALS FOR VETERANS

to give thanks for their courage and sacrifice.



Applebee's - Veterans and active-duty military receive a free meal when dining in from a special menu on November 11. And when dining in on November 11, military guests will receive a \$5 bounce back card to redeem for dine-in, To Go or delivery within three weeks.

BJ's Restaurant and Brewhouse - On November 11, current and former military members receive a free meal from a select menu. Dine-in only.

Chili's - Veterans and active-duty service members get a free meal from a select menu on November 11. Available for in-restaurant only.

Cici's Pizza - Active and retired military personnel get a free adult buffet on November 11. The offer is valid for dine-in only and it does not include a drink.

Cracker Barrel - Veterans get a complimentary slice of Double Chocolate Fudge Coca-Cola Cake in-store or online on November 11.

Golden Corral - Golden Corral is hosting their Military Appreciation Night on November 14 from 5pm to close. This includes a free "thank you" meal when dining in.

Red Lobster - Veterans, active-duty military and reservists get a free Walt's Favorite Shrimp, Fries, and Coleslaw on November 11.

You can also get discounts at several retail stores such as Kohl's, Target, Great Clips, Sports Clips, Publix, and many more. For a complete listing of restaurants and retail stores visit www.military.com. There you can see if your area is hosting a Veterans Day Parade.

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