

# SPOTLIGHT

FREE

May 2023 Volume 5



## God's Masterpiece

God took the fragrance of a flower,  
The majesty of a tree,  
The gentleness of morning dew,  
The calm of a quiet sea.

The beauty of the twilight hour,  
The soul of a starry night,  
The laughter of a rippling brook,  
The grace of a bird in flight.

Then God fashioned from these things,  
A creation like no other,  
And when his masterpiece was through,  
He called it simply - Mother.

*Author ~ Herbert Farnham*



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## REMEMBERING SOME OF THE GREAT FEMALE MILITARY - FIRST RANKINGS



### Mildred Catherine Kelly

(Jan. 24, 1928 – Jan. 27, 2003)

served in the United States Army from March 1947 to April 1976. In 1972, she became the first black command sergeant major in the United States Army. Two years later in 1974, she made the rank

of the first black female command sergeant major at Aberdeen Proving Ground. She became the first African American woman to hold the rank of sergeant major and command sergeant major in the US Army and became the first female command sergeant major of a predominantly male Army installation.



### Major General Marcelite J. Harris

(Jan. 16, 1943 – Sep. 07, 2018) served in the United States Air Force after completing a training program in December 1965 as Second Lieutenant and continued to rise in rank. 1975 her eleven-year career in the U.S. Air Force took a turn.

Which led her to being named a White House aide during the Presidential administrations of Gerald Ford and Jimmy Carter. Harris continued to rise in rank and on May 25, 1995, Harris was promoted to two-star Major General. She was the first woman to hold the position of Major General in the U.S. Air Force. Major General Marcelite Harris retired from military service February 23, 1997. Between 1975 and her retirement Harris has a lot of female first military rankings.



### Staff Sgt. Joyce B. Malone:

Malone enlisted in the United States Marine in 1995, she served four years. Before enlisting in the Marines, she was a Fayetteville. After serving in the Marine Corp, she decided to get married and complete college at Fayetteville State University. While working

at Fort Bragg, she decided to join the Army Reserve - Fort Bragg's 82nd Airborne Division in 1971. Malone became the first and the oldest black woman to earn Airborne wings in the United States Army Reserve in 1974. At a young age Malone had completed 15 parachute jumps during her time in the Army Reserve.

# J KELLY REFERRALS



*Message from*  
**the President**  
*Mrs. Mary Parham*

## *A Mother's Love*



By Michael Adesanya  
A Tribute to the Moore Generation  
from Dr. Laura Otter



There are times only when a Mother's Love  
Can understand our tears,  
Can soothe our disappointments  
And calm all our fears.

There are times when only a Mother's Love  
Can share the joy we feel  
When something we've dreamed about  
Quite suddenly is real

There are times when only a Mother's faith  
Can help on life's way  
And inspire us the confidence  
We need from day to day

For a Mother's heart and a Mother's faith  
And a Mother's steadfast love  
Were fashioned by Angels.

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North Little Rock, AR 72114  
C: 501-247-5978 • O: 501-490-0944  
stanj@dimway5400.com

## **A GRADUATION DAY MESSAGE - BY JOSEPH T. RENALDI**

May Graduation Day fill your heart  
With feelings of accomplishments this day,  
To bring you peace of mind and happiness  
In every special way.

May the fond memories of school days  
Glow warmly in your beloved heart  
Where the cherished classmates  
Will forever play a vital part.

May Graduation Day be extra special  
With elaborate pomp and show  
May the procession of elated graduates  
Create glee and parent faces to glow.

May the ceremony for conferring diplomas,  
The cards and acknowledgements and flowers  
Fill the day with pride and immense joy  
And delightful and meaningful hours.

May those you love and respect surround you  
To share your moments of glory this day,  
May the accolades of Graduation Day  
Come into your life to forever stay.

**Congratulations**  
**2023 Graduates!**



## SKIN CANCER AWARENESS

With the summer months approaching us, it is time for us to stop and think about how much damage we do to our skin each year. The sun produces what is called Ultraviolet rays and, in most cases, can cause skin cancer or the most common form melanoma. The deadliest of skin cancer.

Ultraviolet (UV) radiation is a form of non-ionizing radiation that is emitted by the sun and artificial sources, such as tanning beds. The beneficial effects of UV radiation include the production of a vital nutrient, vitamin D; and even too much overexposure here can be a risk.

### Here are some tips on how to protect yourself from sunburn:

1. Keep a lightweight long sleeve shirt with you
2. Always wear a hat that is wide enough to cover from the neck up in shade
3. Sunglasses now have both UVA and UVB rays
4. A SPF sunscreen with SPF 15 or higher with both UVA and UVB

### Skin Cancer Facts:

1. Anyone can get skin cancer
2. Skin Cancer changes would be new growths to the skin, a sore that doesn't heal, and a change in a mole.

It's easy to protect yourself from UV exposure...



Long-sleeved shirts, pants, and a wide-brimmed hat offer the best protection. If you're wearing a baseball cap or short-sleeved shirt, make sure to put sunscreen on your ears, neck, and arms.



## MAY 2023 SAVE THE DATES • NATIONAL STROKE AWARENESS MONTH

### SINGLE MOTHER'S DAY BRUNCH

Saturday, May 6, 2023 • 12:00pm-4:00pm  
North Little Rock Community Center  
For more information and tickets please visit  
[www.eventbrite.com](http://www.eventbrite.com)

### Where Friends Gather MOTHER'S DAY BRUNCH

Saturday, May 13, 2023 • 11:00 am  
The Church of Christ Downtown  
Tickets: \$40.00  
For more information or RSVP please visit  
[www.eventbrite.com](http://www.eventbrite.com)

### MOMMY AND ME BRUNCH

Saturday, May 13, 2023 • 1:00pm  
Chenal Event Venue  
Tickets: \$10-\$40  
For more information, please visit  
[www.eventbrite.com](http://www.eventbrite.com)



**HAPPY MOTHER'S DAY**  
**SUNDAY, MAY 14, 2022**

### 15th Annual Women of Excellence Awards FAITH SCHOLARSHIP BANQUET

Saturday, May 20, 2023 • 6:30pm-9:30pm  
Cocktail Hour – 6:30pm  
Awards Ceremony – 7:30pm  
Ticket Prices: \$75

**HAPPY MEMORIAL DAY**  
**TO ALL SOLDIERS**  
**PAST, PRESENT & FUTURE**  
**MONDAY MAY 29, 2023**



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Host Mrs. Mary Parham  
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Happy Cinco De Mayo From J Kelly Referrals Staff



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